




FORT AND BEACH STAY IN SRI LANKA - 7 NIGHTS/ 8 DAYS




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About andBeyond

AndBeyond is a pioneering, experiential travel company that offers forward-thinking, global travellers an exclusive experience of the world as it should be; a world that is in balance with itself. We go beyond mere luxury to enrich your guests' experience through our core ethos of Care of the Land, Care of the Wildlife, and Care of the People. AndBeyond has 29 exquisite safari lodges and camps across Africa and South America, and we also design personalised, high-end tours in 15 African countries, India, Bhutan, Sri Lanka, Nepal, Chile, Argentina, Ecuador and Peru.

Welcome to Sri Lanka

The tear drop shaped island of Sri Lanka lies in the Indian Ocean just off the southern tip of India. With its golden sandy beaches, azure blue waters and warm tropical climate, Sri Lanka is a year-round destination for holidaymakers seeking sun, sand and sea.

The island has a rich cultural heritage that dates back over 2,000 years which is linked to the origins of Buddhism in the country with magnificently constructed stupas and the ruins of ancient kingdoms. Controlled from the 16th century onwards by the Portuguese, Dutch and finally the British prior to gaining full independence in 1948, the influences of colonial powers remain visible in architecture and a number of forts across the country.

Sri Lanka is recognised as a global biodiversity hotspot with a rich variety of endemic flora and fauna, and incredibly for a small island, can boast of large iconic animals such as the Asian Elephant, Leopard and the largest animal to have inhabited our planet, the Blue Whale. From palm fringed beaches to scrub jungles and numerous man-made lakes in the lowlands to tropical rainforests, cloud forests and highlands laden with waterfalls at its centre, this resplendent isle is abundant in natural beauty.

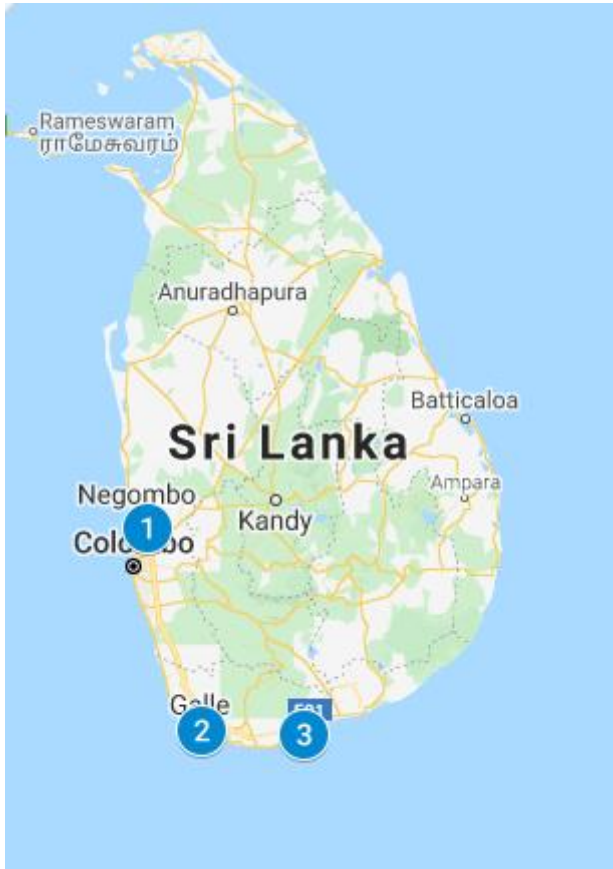
Highlights of the Itinerary:

- Beach Stay at Amanwella
- A visit to a working Cinnamon Plantation in south coast
- Dolphin and Whale Watching tour in Mirissa
- A visit to old Dutch Fort in Galle



At a glance

Sri Lanka



7 nights / 8 days

1 - The Wallawwa, Kotugoda (Day 1)

2 - Amangalla - Galle (Day 2,3,4)

3 - Amanwella - Tangalle (Day 5,6,7)

AN ANDBEYOND CUSTOM-DESIGNED ITINERARY		
DATE	SERVICE	ACCOMMODATION
Day 1 -	Arrive at Colombo's Bandaranayake International Airport, Katunayake	
	Met on arrival and transferred to Kotugoda (approximately. 20 minutes' drive)	
	Check in to the hotel - Your PCR test will be done upon check-in	
	Dinner and overnight at The Wallawwa, Kotugoda - 01 night https://www.teardrop-hotels.com/wallawwa/	Garden Suite - FB
Day 2	After breakfast at The Wallawwa, proceed to Galle (approximately 1 hour drive)	
	Check in to Amangalla, Galle and relax	
	Late afternoon explore the Galle city area on bicycle or tuk tuks	
	Evening have your dinner at one of many local restaurants inside the Galle Fort (Cost Not Included)	

	Overnight at Amangalla , Galle Fort - 3 nights https://www.aman.com/resorts/amangalla	Amangalla Bedroom - BB
Day 3	Early morning go whale watching off Mirissa on a privately chartered luxury catamaran (approximately. 30 minutes' drive to Mirissa)	
	In the late afternoon go on a walking tour in the Galle fort with your guide	
	Overnight at Amangalla , Galle Fort	Amangalla Bedroom - BB
Day 4	After breakfast proceed to Weligama (approximately. 30 minutes' drive)	
	Arrive in Weligama and visit a working Cinnamon Plantation	
	Return to Amangalla and relax	
	In the afternoon Visit the Handungoda Tea Estate and Museum (approximately. 45 minutes' drive)	
	Overnight at Amangalla , Galle Fort	Amangalla Bedroom - BB
Day 5	After breakfast at Amangalla proceed to Tangalle (approximately 2 hour drive)	
	Check in to Amanwella and relax	
	Overnight Amanwella, Tangalle - 03 nights https://www.aman.com/resorts/amanwella	Ocean Hill Pool Suite - BB
Day 6 -	After breakfast visit the Mulkirigala Rock Temple (approximately. 30 minutes' drive)	
	Rest of the day at leisure	
	Overnight Amanwella, Tangalle	Ocean Hill Pool Suite - BB
Day 7 -	Beach stay at leisure	
	Overnight Amanwella, Tangalle	Ocean Hill Pool Suite - BB
Day 8 -	Afterwards transfer from Hotel to Bandaranaike International Airport for your departure flight (approximately 3 hour drive). (We recommend you at the airport <u>at least 3 hours</u> prior to the departure flight)	
	End of Tour	

GLOSSARY

Sri Lanka

BB = Bed and breakfast

HB = Room + Breakfast + dinner

FB = Full Board basis (please check itinerary for specific includes and excludes per property)

AI = Inclusive of all meals, drinks, and activities (please check itinerary for specific details per property)

ENTRY/VISA REQUIREMENTS

CURRENT ENTRY PROCEDURE FOR SRI LANKA

For travellers who have received the recommended (full/ complete) dose of the COVID-19 vaccination.

- As per the updated post, COVID-19 entry/visa policy in Sri Lanka all visas must be applied online through the Immigration ETA portal (www.eta.gov.lk).
- Prior to applying for the visa, travellers are required to pre-purchase PCR tests and a mandatory COVID-19 insurance Cover.
- The cost per PCR test will be USD 40. (eg: On arrival PCR testing is mandatory).
- The mandatory COVID-19 Insurance cover should be purchased from a local insurance company in Sri Lanka (People's Insurance PLC) at USD 12 for a policy of USD 50,000 valid for a period of one month.
- When applying for a visa It is compulsory to have confirmation of a booking at a certified 'Safe & Secure' hotel.
- It is mandatory for all guests to book and stay their first night at a "Level 1 certified" accommodation as per the published list.
- All arriving guests should produce a "Negative PCR Report" taken 96 hours prior to departure to Sri Lanka.
- Guests should carry the original vaccination certificate/ card with them (if the vaccination card details are not in English, should produce a translated certified copy).
- Each traveller should submit a Health declaration form on arrival at the airport in Sri Lanka along with the above-mentioned documents.
- The first mandatory PCR test will be conducted by health officials on arrival at the first check-in hotel. Results of this test may take up to 24hrs.
- On receipt of the "Negative" PCR test, the traveller will be issued with a "Discharged document" by the health authorities and is free to leave the "Biosafety travel bubble" and move into the local community.
- Before the departure, depending on the traveller's onward destination, they may require to produce "Negative PCR" to the Airline, 72 hrs. Prior to embarkation.

Procedures for travellers who have "NOT" received the recommended (full/ complete) doses of the COVID-19 vaccination.

- As per the updated post-COVID-19 entry/visa policy in Sri Lanka, all visas must be applied online through the Immigration ETA portal (www.eta.gov.lk).
- Prior to applying for the visa, travellers are required to pre-purchase PCR tests and a mandatory COVID-19 insurance Cover.
- The cost per PCR test will be USD 40. (eg: On arrival PCR testing is mandatory).
- The mandatory COVID-19 Insurance cover should be purchased from a local insurance company in Sri Lanka (People's Insurance PLC) at USD 12 for a policy of USD 50,000 valid for a period of one month.
- When applying for a visa it is compulsory to have confirmation of a booking at a certified 'Safe & Secure' hotel.
- It is mandatory for all guests to book and stay their first night at a "Level 1 certified" accommodation as per the published list.
- All arriving guests should produce a "Negative PCR Report" taken 96 hours prior to departure to Sri Lanka.
- Each traveller should submit a Health declaration form on arrival at the airport in Sri Lanka along with the above-mentioned documents.
- The first mandatory PCR test will be conducted by health officials on arrival at the first check-in hotel. Results of this test may take up to 24hrs.
- Guest checks in and travels within the country in "Level 1" certified hotels during their first 14 days of travel.
- If the guest's PCR tests produce "negative results" they can continue to travel within the Level 1 certified hotels.
- The second PCR test for those staying 14 days or more will take place between day 11-14

- If the PCR test results show “Negative”, after the 14 days, the traveller will be issued with a “Discharged document” by the health authorities and is free to leave the “Biosafety travel bubble” and move into the local community.
- Before the departure, depending on the traveller’s onward destination, they may require to produce “Negative PCR” to the Airline, 72 hrs. Prior to embarkation.
- A valid passport, not less than 6 months, a confirmed return or onward air ticket and sufficient funds for the stay are other the entry requirements to the country.
- Please note that the above details are subject to change when the government authorities revise their policies.
- Please click on the below links for more details on the new regulations
- [Sri Lanka Travel | Hello Again](#)
- [Sri Lanka Tourism Safety Protocols](#)

- **SATELLITE PHONES ARE NOT ALLOWED IN SRI LANKA**

Expect the extraordinary

Day 1 - Airport - Kotugoda

Arrive in Colombo’s Bandaranayake International Airport, Katunayake -

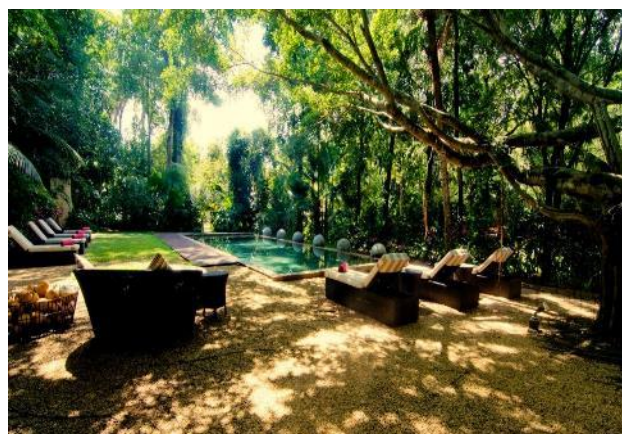
Met on arrival and transferred to Kotugoda (approximately. 20 minutes’ drive)

Check in to The Wallawwa Resort, Kotugoda and relax

The Wallawwa, Kotugoda:

Nestled amongst three acres of magnificent manicured gardens, The Wallawwa is an old colonial manor house which has been lovingly restored to a luxury private hideaway.

The Wallawwa boutique hotel offers colonial charm and exceptional service within five acres of tropical landscaped gardens. 17 tastefully



furnished bedrooms and suites, spa, a la carte restaurant and a dedicated team of butlers ensures your every wish is catered for. The proximity to Colombo's Bandaranaike International Airport, only 30 minutes away, makes The Wallawwa an excellent choice for those who wish to have a relaxing stopover at the beginning of their holiday after their long inbound flight. Sit back and indulge in sumptuous cuisine, revitalising spa treatments, a leisurely swim and a superb night's sleep

While you check in to the hotel, as per the current COVID-19 preventive guidelines, a government health official will conduct your mandatory PCR test.

After the PCR test check in and unwind yourself

Overnight at The Wallawwa Resort, Kotugoda for 01 night in a Garden Suite on Full Board basis



Day 2 - Kotugoda - Galle

Have your breakfast at the hotel

After receiving the negative PCR test results, you will be met by your chauffeur-guide and driven to Galle (approximately 1 hour drive)

Check in to Amangalla, Galle and relax

Amangalla, Galle Fort

Amangalla comprises of an amalgamation of buildings dating back over 400 years, used as a headquarters for the Dutch commander and his officers in the 17th century and later as a lodging for British soldiers.

Named after the Sanskrit word for 'peace', and galla, the Sinhalese word for the town of Galle, the resort reveals the Fort's daily activities and its rich legacy; the narrow streets lined with buildings from the Dutch and British colonial eras. Offering views of the resort's 200 year old gardens and of the Fort and harbour beyond, Amangalla provides for the leisurely exploration of this historic trading port and the surrounding countryside.



Amangalla offers excellent old-world luxury, superb food, one of the best spas in the island and exceptional service with 28 spacious and luxurious room and suites equipped with all modern amenities. The suites are decorated in tasteful colonial style with glorious antiques, from Para Mara four-poster beds to pettagama chests, and high quality reproductions on polished Burma teak floorboards that shine on after 300 years. The bedrooms, chambers and suites offer a variety of views from Galle Fort itself to the hotel's mature gardens. A large swimming pool, surrounded by palms, is centred within the resort's established gardens. A cool respite from exploring, the courtyard and pool area has several wooden sun loungers and five serene shaded ambalamas, or rest pavilions. The classical hotel also offers remedial pleasures from 'The Baths', the resort's relaxing, holistic, and traditionally inspired Spa, which creates bespoke programmes for guests, while hydrotherapy pools, saunas, steam rooms and a cold plunge pool, provide a sanctum for whole body rejuvenation.

Late afternoon explore the Galle city area on bicycle or tuk tuks

Embark on trails beginning at 12km and glide by unfrequented village life, local temples burning incense and vibrant blue kingfishers flying overhead. There is no better way to experience the local landscape than by bike, an opportunity to really explore its meandering paths and lanes. Peddle past buffalo and egrets, rice farmers and smiling children, looking out for tea bushes, banana trees, jaggery, pineapple plantations and coconut palm. If you opt for a slightly longer ride, take a break for Thambili (King Coconut) in an ambalama or end with a scenic lunch at Kahanda Kanda to the north of Koggala Lake.

Spend 3 nights at Amangalla, Galle Fort in a Bedroom and your stay is on Bed and Breakfast basis.



Day 3 - Galle

Early morning go whale watching off Mirissa on a privately chartered luxury catamaran (approximately 30 minutes' drive to Mirissa) -

Whale Watching, Mirissa:

Mirissa is regarded as the world's top location for watching blue whales with sightings occurring on most mornings during the season which spans from mid-November through to mid-April. The blue whales are resident



to the Indian Ocean and live year-round in these waters and encounters of mother and calves, pairs of males and females are recorded every season. Pods of spinner dolphin are seen on some mornings while sperm whales are occasionally seen especially around December and again in March-April sometimes in super pods numbering over 30 individuals. Bryde's whale, orca, Risso's dolphin, bottlenose dolphin and striped dolphin are among the other species of cetaceans which are seen a few times each season.

Along the way the chef on board of the catamaran serves a freshly prepared breakfast including fresh fruit. When the whales are sighted, you will be invited to the bow and upper deck for the best viewing of these incredible creatures.

Return to your hotel in the afternoon.

In the late afternoon, go on a walking tour in the Galle fort with your guide

Dutch Fort Galle:

Set off on a guided walking tour of the Galle Fort, which was built by the Dutch in 1663. The 36-hectare (89 acres) Fort occupies most of the promontory that forms the older part of Galle and consists of an amazing collection of structures and cultures dating back through the centuries. Take a leisurely stroll along the ramparts with its panoramic views at sunset. The once sleepy Galle fort is now a vibrant and bustling area with a distinctively Mediterranean feel to it and is abuzz with activity. You can explore its narrow streets and laneways bustling with jewellery shops, numerous boutiques, cafes, and family homes.

Evening have your dinner at one of many local restaurants inside the Galle Fort (Cost Not Included)

Overnight at Amangalla , Galle Fort



Day 4 - Galle

After breakfast proceed to Weligama (approximately. 30 minutes' drive)

Arrive in Weligama and visit a working Cinnamon Plantation and learn the whole process followed by a delicious lunch with your host who is also the owner.

Top House Exclusive Cinnamon Experience

Top House is a beautiful, working cinnamon estate of 25 acres, just inland from Weligama. The British owners have restored the plantation and now produce true Ceylon cinnamon, which grows on the steep slopes of a high hill. The main house is perched on the hilltop with spectacular views over the jungle to the north and the Indian Ocean to the south. The owners have also built an artisan distillery where they extract pure cinnamon leaf oil according to age-old techniques fine-tuned with modern technology where they offer a variety of tour options of the cinnamon plantation.

The tour covers the nursery, the plantation, the peeling hut and the oil distillery. It explains the history of Ceylon cinnamon as well as showing the planting, harvest, peeling and preparation of quills. They will also demonstrate cinnamon leaf bundling and the entire process of cinnamon oil extraction, as well as the surprising uses of this very special essential oil. The tour shows an eco-friendly and perfectly self-sustaining farming process, with every part of the plant used or recycled, and a completely natural and health-giving result.

Return to Amangalla and relax

In the afternoon Visit the Handungoda Tea Estate and Museum where you will explore a working Tea and Rubber plantation (approximately. 45 minutes' drive)

Handungoda Tea Estate

Handunugoda is a 200 acre property, comprising of Tea, Rubber, Cinnamon, Pepper and Coconut plantations. It abounds with a variety of Bird and animal life and if you are lucky, you may even see some Peacock, Monkey, Porcupine and Mouse Deer around the property. The Estate has a Rubber and Tea Factory and a working museum with machines which are approximately 150 years old. These are still working and stand as testament to British skills of Engineering. Visitors are provided with a guided tour of the property and treated to a complimentary cup of tea and cakes at the plantation bungalow. You will also get a chance to taste the many blends of tea produced and



perhaps pick up a pack of tea for later enjoyment. The plantation does not use any pesticides or insecticides.

Overnight at Amangalla , Galle Fort



Day 5 - Galle - Tangalle

After breakfast at Amangalla proceed to Tangalle (approximately 2 hour drive)

En route stop and see the Stilt Fishermen of Weligama.

Stilt Fishermen

This ancient technique of fishing unique to this region is still practiced to date by fisherman hailing from the towns bordering Koggala to Weligama. The fisherman are precariously perched on stilts with one hand holding on to the fishing rod and balancing themselves on the poles itself with the other. Seated at an elevation of 2 metres above the water to minimize the disturbance to the fish, they hold on patiently for hours to get their catch and the fish once caught are stored in a plastic bag tied around their waste or the pole itself.

Check in to Amanwella and relax



Amanwella, Tangalle

Situated amidst a mature coconut grove, fronting a crescent-shaped beach lies Amanwella, your luxury boutique beach experience in southern cost of Sri Lanka.

The resort derives its name by combining the words aman, or “peace” in Sanskrit, and wella, the Sinhalese name for “beach”. Sri Lanka’s most notable modern architect, Geoffrey Bawa, has influenced the design and aesthetics of Amanwella in the use of traditional materials that create a luxury retreat along the southern coast’s rugged terrain. Steps lead to a unique 47 meter rectangular swimming pool with panoramic views of the Indian ocean. Overlooking the pool are two large sun terraces with sun loungers. Located in a coconut grove within walking distance from the sea is the Beach Club, an open pavilion with a wooden deck ideal for lounging with light informal dining. All 30 suites of this contemporary beachfront resort feature their own plunge pool and terrace. The property is linked by pathways with suites interspersed along the hillside to the west of the public areas, providing views of the ocean and beach flanked by two rocky headlands.

Spend 3 nights at Amanwella, Tangalle in an Ocean Hill Pool Suite and your stay is on Bed and Breakfast basis.



Day 6 - Tangalle

After breakfast visit the Mulkirigala Rock Temple (approximately. 30 minutes’ drive)

Mulkirigala Temple

Situated in Giruwa Pattu of Hambanthota District of Southern Sri Lanka, there are seven cave temples situated in five Terraced areas of different altitudes. They are the Lower Terrace (Patha Maluwa), Bo



Tree Terrace (Bodhi Maluwa), Great King's Temple Terrace (Raja Maha Vihara Maluwa), Upper Bo Tree Terrace (Uda Bodhi Maluwa) and Chetiya Terrace (Chaitya Maluwa). These terraces can be accessed comfortably through well paved granite paths and steps going right up to the Dagoba Terrace.

The Bo tree at the Upper Terrace is considered to be a shoot from one of the 32 saplings of Anuradhapura Jaya Sri Maga Bodhi planted at the said terrace during the reign of King Devanam Piyatissa. Mulkirigala temple is also considered to be one of the 64 temples constructed by King Kawantissa and was called as 'Muhudu Gira' then which dates back to the 3rd Century BCE . The Chetiya at Uppermost Terrace is considered to house Lord Buddha relics offered by the King Saddhatissa. According to Historical manuscripts, King Mahanaga, King Kawantissa, King Dutugemunu, and King Parakramabahu the Great, King Saddhatissa, King Valagamba, King Jetta Tissa I, and King Parakramabahu I are credited with construction work of the temple during their rein.

Rest of the day at leisure

Overnight Amanwella, Tangalle



Day 7 - Tangalle

Beach stay at leisure

Overnight Amanwella, Tangalle





Day 8 - Tangalle - Departure

Afterwards transfer from Hotel to Bandaranaike International Airport for your departure flight (approximately 3 hour drive). (We recommend you at the airport at least 3 hours prior to the departure flight)

Accommodation

DATE	DESTINATION	ACCOMMODATION	DETAILS
Day 1 -	Kotugoda	The Wallawwa	1 x Garden Suite Full Board
Day 2 -	Galle	Amangalla	1 x Amangalla Bedroom Bed and Breakfast
Day 3 -	Galle	Amangalla	1 x Amangalla Bedroom Bed and Breakfast
Day 4 -	Galle	Amangalla	1 x Amangalla Bedroom Bed and Breakfast
Day 5 -	Tangalle	Amanwella	1 x Ocean Hill Pool Suite Bed and Breakfast
Day 6 -	Tangalle	Amanwella	1 x Ocean Hill Pool Suite Bed and Breakfast
Day 7 -	Tangalle	Amanwella	1 x Ocean Hill Pool Suite Bed and Breakfast

