



WALDORF ASTORIA®
SEYCHELLES PLATTE ISLAND

THINGS TO DO





WALDORF ASTORIA SEYCHELLES PLATTE ISLAND

At Waldorf Astoria Seychelles Platte Island, each moment presents a special chance to immerse yourself in the splendor of nature and explore fresh experiences. Whether you seek natural adventures, sports and fitness activities, culinary masterclasses, or evening entertainment, the island provides a variety of options tailored to suit every guest's preferences.

NATURAL ESCAPE

Located 130 km from the mainland, Waldorf Astoria Seychelles Platte Island is a sanctuary of natural beauty, teeming with wildlife and marine life. Visit our Discovery Centre to learn about the island's fascinating ecosystems or join one of our expert-led adventures.

SUNRISE WILDLIFE WALK

An early morning exploration and opportunity to experience the island's vibrant wildlife at dawn.

SEAGRASS SNORKELING*

A guided snorkeling experience along the island's seagrass meadows, home to a diverse array of marine life.

WILDLIFE PRESENTATION

Deepen your understanding of the island's unique ecosystems and conservation efforts with a private tour of our Discovery Centre and expert led presentation.

TORTOISE FEEDING

Encounter the island's oldest residents—five majestic Giant Aldabra Tortoises—and witness a feeding session in their natural habitat.

COCONUT HARVESTING*

Experience traditional coconut harvesting techniques and savor the taste of freshly harvested coconut, a true island delicacy.





KAYAK & SUP

Experience the serene beauty of Waldorf Astoria Seychelles Platte Island through a relaxing kayaking or stand-up paddleboarding adventure. As you glide through the waters, watch for graceful sea turtles, elegant rays, and even juvenile sharks swimming alongside you.

You can use our kayaks and stand-up paddleboards at your convenience, or opt for a more tailored experience by booking a private guided tour.

PRIVATE GUIDED KAYAK TOUR*

PRIVATE GUIDED SUP TOUR*

FITNESS & WELLNESS

PERSONAL TRAINING*

Personalized fitness guidance is provided by our expert trainer, ensuring that your individual health and fitness goals—whether cardiovascular endurance, strength enhancement, flexibility, or weight management—are achieved through motivating, bespoke sessions.

STRETCH & MOBILITY*

Experience a thorough full-body session crafted to alleviate muscle tension, enhance flexibility, and boost overall well-being.

YOGA*

Engage in a tailored yoga practice that emphasizes physical postures and breath control, focusing on flexibility, strength, and relaxation.

PILATES*

Core strength and overall body conditioning are improved in this Pilates session, using mindful, targeted exercises to enhance the mind-body connection.

BALANCE*

Participate in this interactive session that sharpens core stability, coordination, and cognitive function, providing a comprehensive approach to wellness.

GYMNASTICS RINGS*

Strength and resistance training are explored through the use of our gymnastics rings, offering a dynamic way to build upper body strength and try something exciting.





TENNIS & PADEL

OPEN COURTS

Equipment available, please reserve the courts through your Personal Concierge.

PLAY WITH THE TEAM

Challenge our team members to a friendly doubles match.

PRIVATE TENNIS LESSON*

PRIVATE PADEL LESSON*

OPENING HOURS

FITNESS CENTRE: 24/7

OUTDOOR GYM: 24/7

TENNIS & PADEL COURTS: 07:00 - 21:00

YOGA & PILATES

Everyday as the sun starts to set, join a gentle yoga flow or core focused Pilates class.

MONDAY	Sunset Yoga
TUESDAY	Sunset Pilates
WEDNESDAY	Sunset Yoga
THURSDAY	Sunset Pilates
FRIDAY	Sunset Yoga
SATURDAY	Sunset Pilates

Group classes start at 18:00*





BLUE SAFARI WATERSPORTS

Nestled in crystal-clear waters, Platte Island is the ultimate destination for marine enthusiasts and adventure seekers. Our dedicated 3m dive pool is available for beginner or amateur divers and the flats surrounding the island are well known for exceptional fly fishing.

The island's expert Blue Safari Watersports team is on hand to curate bespoke aquatic adventures including:

PLATTE LAGOON SNORKEL*

PLATTE OUTER REEF SNORKEL*

FLY FISHING (FULL OR HALF DAY)*

BLUE WATER FISHING (FULL OR HALF DAY)*

OCEAN CRUISE (DAY OR SUNSET)*

DIVING*

For full details on excursions and packages or, to curate your own watersports experience, visit Blue Safari at the Watersports Centre or enquire through your Personal Concierge.

24/7 ACTIVITIES

Our Activity Centre is open 24/7, providing an exciting and diverse selection of games and sports for you to enjoy during your visit.

With complimentary activities ranging from Giant Chess to Table Tennis, Beach Volleyball, Football, and Bowling, there's something fun for guests of all ages to partake in.

Visit us at the Activity Centre to find out more about our activities and weekly activities schedule.





ENTERTAINMENT

We provide a wide range of entertainment options. Enjoy live music performances, Saturday night Moutya dancing, a daily DJ at Lalin, and weekly cinema under the stars for a unique outdoor movie experience. For a more relaxed evening, join us for the ultimate stargazing experience and experience the islands clear night skies.

For further information on our weekly entertainment schedule please enquire through your Personal Concierge.

FOOD & DRINK MASTERCLASSES

Ready to awaken your senses?

Guided by our expert connoisseurs, these private food and drink masterclasses present a harmonious blend of learning and sensory discovery. Flavours, techniques, and craftsmanship combine to create a truly unforgettable experience.





THE ART OF LIQUOR

TEQUILA DEGUSTATION*

An exploration into Mexico's most iconic distillation.

RUM DEGUSTATION*

A journey through the world of rum, a spirit closely tied to Seychelles culture. Guests will have the chance to sample the exclusive Platte Island Limited Edition blend, while uncovering the vibrant tradition of Creole Rum Arrangés.

WHISKY DEGUSTATION*

Exploring the difference of Scotch and Japanese whiskies, with an opportunity to craft your own Cocktail using your preferred whisky.

THE ART OF MIXOLOGY

COCKTAIL CRAFTING*

A journey through the art of mixology and opportunity to craft your own Cocktail. (0-ABV Mocktail class available on request).

INTRODUCTION TO THE COCKTAIL LABORATORY*

Join us for an interactive exploration of cocktail innovation, featuring techniques such as clarification, infusion, and hydrosol. Guests will learn about the processes involved and have the opportunity to craft their own cocktail.

THE ART OF VITICULTURE

CHAMPAGNE PRESTIGE*

An exclusive champagne tasting experience, featuring a curated selection of special vintages and cuvées from our cellar.

SOMMELIER'S SESSION*

A guided introduction to the fundamentals of wine tasting. Guests will explore the nuances of grape varietals, the essence of the liquid in their glass, and the complex flavor profiles of a thoughtfully chosen selection of premium wines.

THE ART OF TEA & COFFEE

THE ART OF COFFEE*

A journey into the world of single-origin beans, blending, and roasting. Discover the craftsmanship behind creating your own personalized coffee experience.

THE ART OF TEA INFUSION*

An exploration of the delicate balance between leaf selection, timing, and temperature. Uncover the art and science behind the perfect tea infusion.





THE ART OF SAVOURY

PIZZA*

A delightful introduction to crafting your own pizza, starting with the finest ingredients and techniques for a perfect creation.

FRESH PASTA*

An immersive journey into the art of fresh pasta making, from kneading the dough to perfecting the cooking process for an authentic Italian experience.

CREOLE FLAVORS*

A flavorful exploration of traditional Creole cuisine, highlighting the vibrant and exotic tastes of the Seychelles.

SUSHI, MAKI, SASHIMI*

An insight into the traditional Japanese culinary arts, showcasing the meticulous techniques involved in preparing sushi, maki, and sashimi.

THE ART OF SWEET

CAKE MAKING*

A journey through the fundamentals of elegant cake creation, where precision and artistry come together to craft the perfect dessert.

COOKIE CRAFTING*

An exclusive opportunity to uncover the secret behind our beloved Platte Island cookies, blending tradition and taste into a delightful culinary experience.

THE ART OF PICKLING & PRESERVATION

SALT, RUB & SPICE BLENDING*

Explore the traditional Creole techniques of crafting sea salt, aromatic rubs, and fresh spices, all inspired by the island's rich culinary heritage.

FERMENTING & PICKLING*

A hands-on exploration into the art of fermentation and pickling, guiding you through timeless preservation methods

INTRODUCTION TO KOMBUCHA*

Discover the process of brewing your own kombucha, a refreshing beverage celebrated for its health benefits and probiotic richness.

HARVEST BASKET

LUNCH EXPERIENCE AT MOULIN*

Enjoy a chef-led garden tour, where you're invited to handpick fresh, seasonal produce. These ingredients will be transformed into a custom three-course lunch, providing an authentic farm-to-table experience.

Available on Tuesdays and Saturdays only.





WALDORF ASTORIA®
SEYCHELLES PLATTE ISLAND

**All activities marked with an asterisk are
chargeable, please enquire for pricing.*

sezpi.hotel@waldorfastoria.com