



WALDORF ASTORIA®
SEYCHELLES PLATTE ISLAND



THINGS TO DO



WALDORF ASTORIA SEYCHELLES PLATTE ISLAND

At Waldorf Astoria Seychelles, Platte Island, we invite you to experience the unforgettable! Whether you are looking for adventure, wanting to explore the island's natural beauty, enjoy sports and fitness, beach games, relaxation, food and drink masterclasses, or creative opportunities, our diverse collection of activities offers something to suit all guests.

NATURAL ESCAPE

Located 130 km from the mainland, Waldorf Astoria Seychelles Platte Island is a sanctuary of natural beauty, teeming with wildlife and marine life. Visit our Discovery Centre to learn about the island's fascinating ecosystems or join one of our expert-led adventures.

SUNRISE WILDLIFE WALK | €40

An early morning exploration and opportunity to experience the island's vibrant wildlife at dawn.

ISLAND WILDLIFE HOP | €80

A guided snorkeling experience along the island's seagrass meadows, home to a diverse array of marine life.

DISCOVERY CENTRE TOUR | €35

Deepen your understanding of the island's unique ecosystems and conservation efforts with a private tour of our Discovery Centre and expert led presentation.

TORTOISE FEEDING

Encounter the island's oldest residents—five majestic Giant Aldabra Tortoises—and witness a feeding session in their natural habitat.

COCONUT HARVESTING | €40

Experience traditional coconut harvesting techniques and savor the taste of freshly harvested coconut, a true island delicacy.





WATERSPORTS

Set in pristine waters, Platte Island offers a tranquil retreat for marine enthusiasts and those seeking a peaceful escape. Enjoy kayaking or SUP at your own pace, or join a guided tour. Our private 3-meter dive pool is perfect for beginners and amateur divers, while the surrounding waters are rich with vibrant marine life, ready for you to explore.

GUIDED KAYAK TOUR

GUIDED SUP TOUR

PLATTE LAGOON SNORKEL*

PLATTE OUTER REEF SNORKEL*

BLUE WATER FISHING (FULL OR HALF DAY)*

LEISURE CRUISE (DAY OR SUNSET)*

For full details on excursions and packages or, to curate your own watersports experience, visit the Watersports Centre or enquire through your Personal Concierge.

FITNESS & WELLNESS

PERSONAL TRAINING | €180

Personalized fitness guidance is provided by our expert trainer, ensuring that your individual health and fitness goals—whether cardiovascular endurance, strength enhancement, flexibility, or weight management—are achieved through motivating, bespoke sessions.

STRETCH & MOBILITY | €120

Experience a thorough full-body session crafted to alleviate muscle tension, enhance flexibility, and boost overall well-being.

YOGA | €150

Engage in a tailored yoga practice that emphasizes physical postures and breath control, focusing on flexibility, strength, and relaxation.

PILATES | €150

Core strength and overall body conditioning are improved in this Pilates session, using mindful, targeted exercises to enhance the mind-body connection.

BALANCE | €120

Participate in this interactive session that sharpens core stability, coordination, and cognitive function, providing a comprehensive approach to wellness.

GYMNASTICS RINGS | €150

Strength and resistance training are explored through the use of our gymnastics rings, offering a dynamic way to build upper body strength and try something exciting.





TENNIS & PADEL

OPEN COURTS

Equipment available, please reserve the courts through your Personal Concierge.

PLAY WITH THE TEAM

Challenge our team members to a friendly doubles match.

PRIVATE TENNIS LESSON | €145

PRIVATE PADEL LESSON | €145

OPENING HOURS

FITNESS CENTRE: 24/7

OUTDOOR GYM: 24/7

TENNIS & PADEL COURTS: 07:00 - 21:00

YOGA & PILATES

Everyday as the sun starts to set, join a gentle yoga flow or core focused Pilates class.

MONDAY Sunset Pilates
WEDNESDAY Sunset Pilates
FRIDAY Sunset Pilates
SATURDAY Sunset Pilates

Group classes start at 18:00 and are charged at €40 per person.



A young man and woman are riding bicycles together on a paved path through a lush tropical garden. The man is on the left, wearing a black t-shirt with white stripes on the sleeves and dark shorts. The woman is on the right, wearing a blue tank top and dark shorts. Both are smiling and looking at each other. The background is filled with various tropical plants, including palm trees and large green leaves, with sunlight filtering through the foliage.

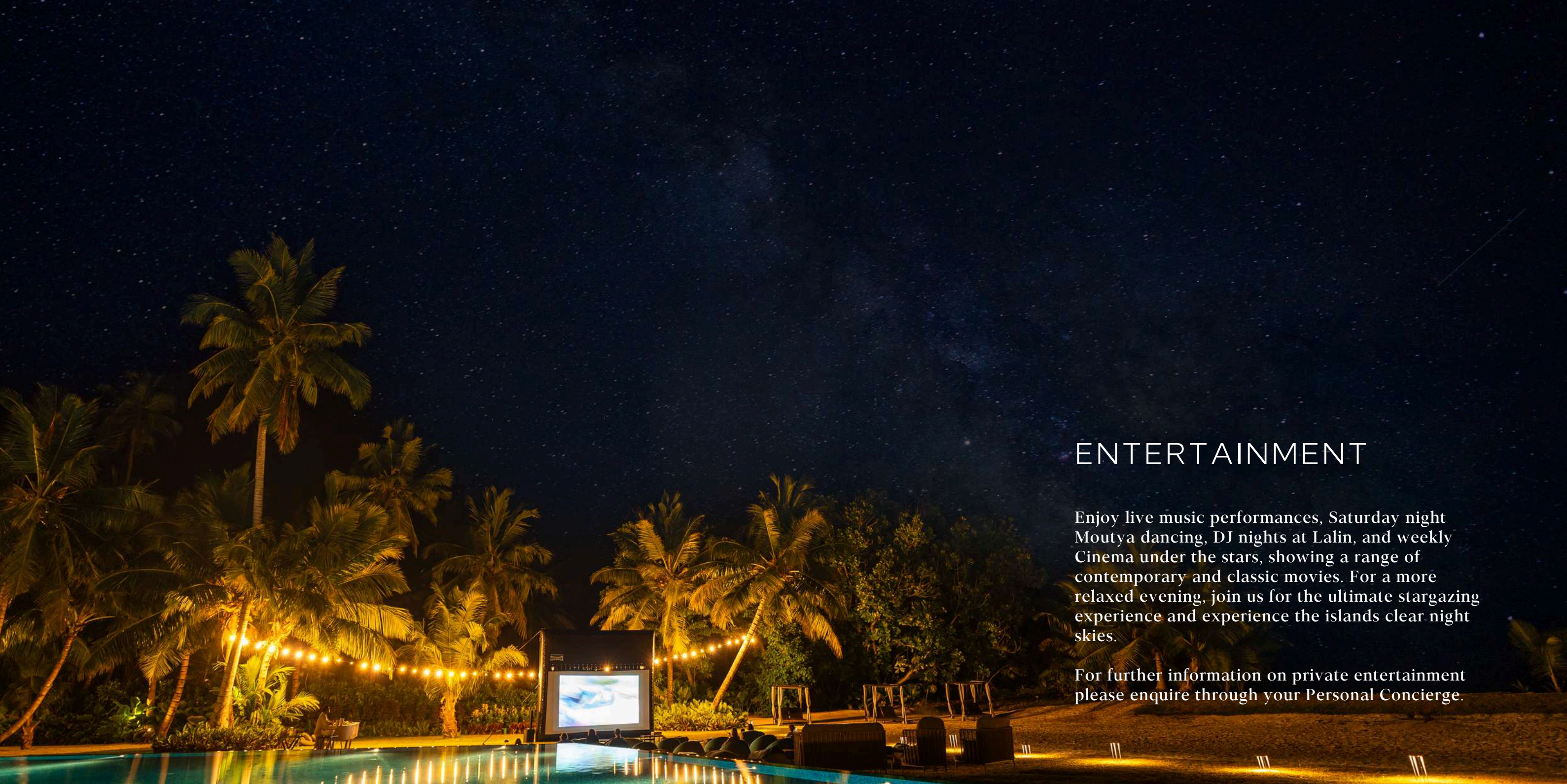
ACTIVITIES FOR ALL

At the Activity Centre and Torti Garden, guests of all ages can enjoy a variety of complimentary activities. From the strategic challenge of Giant Chess to the lively games of Table Tennis, or a wide variety of beach games including Volleyball, Football, and Bowling, there is something for everyone to have fun!

Visit us at the Activity Centre to find out more about our activities and weekly activities schedule.

DAILY ACTIVITY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00	AQUA AEROBICS	PETANQUE	AQUA AEROBICS	AQUA AEROBICS	BOWLING	AQUA AEROBICS	TABLE TENNIS
11:00	KAYAK TOUR	TURTLE CANVAS PAINTING	KAYAK & SNORKELING	KAYAK TOUR	CORN HOLE	KAYAK & SNORKELING	KAYAK TOUR
14:00	TABLE TENNIS	KAYAK & SNORKELING	TABLE TENNIS	BEACH VOLLEYBALL	KAYAK & SNORKELING	PETANQUE	TABLE TENNIS
16:00	COCONUT PAINTING	BEACH VOLLEYBALL	ULTIMATE FRISBIE	BEACH FOOTBALL	COCONUT PAINTING	CANVAS PAINTING	BEACH VOLLEYBALL



ENTERTAINMENT

Enjoy live music performances, Saturday night Moutya dancing, DJ nights at Lalin, and weekly Cinema under the stars, showing a range of contemporary and classic movies. For a more relaxed evening, join us for the ultimate stargazing experience and experience the islands clear night skies.

For further information on private entertainment please enquire through your Personal Concierge.

DAILY EVENING ENTERTAINMENT

DAY	ENTERTAINMENT	TIME
MONDAY	MOVIE UNDER THE STARS AT TORTI GARDEN	20:30
TUESDAY	DJ AT LALIN	18:00 - 22:00
WEDNESDAY	STARGAZING ON THE JETTY	19:30 - 21:30
THURSDAY	DJ AT LALIN	18:00 - 22:00
FRIDAY	DJ AT LALIN	18:00 - 22:00
SATURDAY	MOUTYA DANCE PERFORMANCE AT TORTI BEACH	18:30
SUNDAY	DJ AT LALIN	18:00 - 22:00

FOOD & DRINK MASTERCLASSES

Ready to awaken your senses?

Guided by our expert connoisseurs, our private food and drink masterclasses present a harmonious blend of learning and sensory discovery. Immerse yourself in flavours, techniques, and craftsmanship for a truly unforgettable experience.





DRINK MASTERCLASSES

RUM, GIN OR WHISKY TASTING*

Explore our extensive liquor collection, with a curated tasting experience featuring Rum, Gin, or Whisky, expect to sample and discover unique blends, including the Platte Island Limited edition Rum, while learning about their distinct flavors and craftsmanship.

INTRODUCTION TO THE COCKTAIL LABORATORY*

Join us for an interactive exploration of cocktail innovation, featuring techniques such as clarification, infusion, and hydrosol. Guests will learn about the processes involved and have the opportunity to craft their own cocktail or mocktail!

WINE & CHAMPAGNE TASTING*

Led by our expert Sommelier, experience a fine Wine or premium Champagne tasting session. Not only sampling a variety of different vintages but also gain an understanding of flavor profiles and grape varieties.

PEACOCK TERRACE MASTERCLASS*

Explore the art of tea and coffee creation with our master barista. Not only an opportunity to savor the unique flavors and blends but also to experiment with unique beans, roast profiles, and brewing or infusion methods to craft your perfect beverage.



CULINARY MASTERCLASSES

CREOLE FLAVORS*

A hands-on cooking class exploring the traditional methods and flavors of Creole cuisine.

SUSHI, MAKI, SASHIMI*

A chance to test out the meticulous techniques involved in preparing sushi, maki, and sashimi.

PIZZA*

A pizza making class where you will witness the process of making pizza from scratch using the freshest ingredients.

SALT, RUB & SPICE BLENDING*

Explore the traditional Creole techniques of crafting sea salt, aromatic rubs, and fresh spices, all inspired by the island's rich culinary heritage.

FERMENTING & PICKLING*

A hands-on exploration into the art of fermentation and pickling, guiding you through timeless preservation methods.

COOKIE CRAFTING*

An exclusive opportunity to uncover the secret behind our beloved Platte Island cookies.

DINING EXPERIENCES

HARVEST BASKET LUNCH AT MOULIN*

A Chef led garden tour followed by three-course, Chef's table lunch - incorporating freshly harvested ingredients.

Tuesdays and Saturdays, 12:30 - 14:30

ROOTS & SPICES AT MAISON DES EPICES*

An evening of creativity and bold flavors Roots & Spices presents an exciting variety of authentic tropical and Latino dishes and exciting fusions.

Sundays, 18:00 - 22:00

PRIVATE BBQ*

Enjoy a private BBQ in the comfort of your villa garden, with three menus to choose from, each freshly prepared in your Villa garden.

OCEAN TO PLATTE*

Enjoy a half or full day fishing trip and on your return our Chefs will expertly prepare your fresh catch to your preference.

For more information on private dining experiences please consult your Personal Concierge.





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*All listed prices are per person. All activities
marked with an asterisk are subject to charge,
please enquire for pricing.*

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